



# CrossFit Kids

## Registration, Waiver & Photo Release

Child's Name:	Age:	DOB:
Address:		City, State, Post code:
Parent/Guardian Name(s)		
Phone:	Email:	
Emergency Contact Name:		Phone:
Emergency Contact Name:		Phone:

### PHYSICAL ACTIVITY

- What is your child's current level of activity? \_\_\_\_\_
- Does your child participate in team sports? If yes, which ones? \_\_\_\_\_
- Approximate number of minutes per day of physical activity \_\_\_\_\_

### GENERAL HEALTH

Has your child suffered or been diagnosed with any of the following?

Injury (Mark Y or N)	Date of occurrence	Status of recovery
Broken bones		
Head trauma		
Heart Condition		
Allergies		
Asthma		
Attention definite disorder/ Attention Deficit Hyperactivity Disorder		
Other injuries or conditions		

- Does your child take any prescription or over the counter medications? If yes, please list:  
\_\_\_\_\_
- Does your child need a rescue inhaler/epi pen etc? \_\_\_\_\_
- Do you know any reason why your child should not participate in physical activity? If yes, please explain: \_  
\_\_\_\_\_

Doctor's Name (if applicable): \_\_\_\_\_

Phone: \_\_\_\_\_

I, the undersigned, do hereby verify that all of the above information is true and correct.

**Parent/Guardian Signature**

**Date**

## Waiver and Release of Liability: CrossFit Kids Avalon Beach

### Health Notification

CrossFit Kids Avalon Beach services are not a substitute for professional medical advice or a medical examination. Prior to participation in any program, activity or exercise you should seek the advice of your physician or other qualified health-care professional. You understand that these exercises can be strenuous and should be done in moderation. There is an inherent risk in any exercise that, while providing health benefits, can also cause unknown health issues. Application or reliance on the techniques, advice, ideas and suggestions of any person associated with CrossFit Kids Avalon Beach are at the sole discretion and risk of the participant and his/her parents and guardians.

### Waiver

I agree, by allowing my child(ren) to participate in any program associated with CrossFit Kids Avalon Beach, that CrossFit Kids Avalon Beach and CrossFit Avalon Beach shall not be liable to any direct, indirect, special consequential or exemplary damages for any and all injury and/or harm to you and/or your child incurred in or around the property where exercise occurs. I willingly assume full responsibility for the risks that I am exposing my child(ren) to and accept full responsibility for any and all injury or death that may result from his/her participation in any and all activity or class facilitated by CrossFit Kids Avalon Beach

### Release

In consideration of the above mentioned risks and hazards and in consideration of the fact that I am willingly and voluntarily allowing my child(ren)'s participation in the activities available at CrossFit Avalon Beach, I hereby release CrossFit Kids Avalon Beach and CrossFit Avalon Beach, their principals, agents, employees and volunteers from any and all liability, claims, demands, actions or rights of action, which are related to, arise out of, or are in any way connected with my child(ren)'s participation in this activity, including those allegedly attributed to the negligent acts or omissions of the above mentioned parties. I, the undersigned acknowledge that my child(ren) has no physical impairments or illnesses that will endanger him/her or others.

### In case of an Emergency

I give full permission for any person connected to CrossFit Kids Avalon Beach or CrossFit Avalon Beach to administer first aid deemed necessary, and in case of serious illness or injury, I give permission to call for medical and or surgical care for the child and to transport the child to a medical facility deemed necessary for the well-being of the child.

### Photography/Video Release

Participants involved in any activities offered by CrossFit Kids Avalon Beach may be photographed or videotaped during training. The undersigned hereby consents to the use of these photographs and/or videos without consent or compensation on the CrossFit Kids Avalon Beach website and Facebook page or in any editorial, promotional or advertising material produced by CrossFit Kids Avalon Beach or CrossFit Avalon Beach. Last names of minors will not be given or posted on the internet or website.

### Indemnification

I recognise that there is a risk involved in the types of activities offered by CrossFit Kids Avalon Beach. I therefore accept any and all financial responsibility for any and all injury that my child(ren) or I may cause either to myself or to others. Should the above mentioned parties, or anyone acting on their behalf be required to incur solicitor's fees and costs to enforce this agreement, I will reimburse them for such fees and costs. I agree to indemnify and hold harmless CrossFit Kids Avalon Beach and CrossFit Avalon Beach, their principals, agents, employees, and volunteers from any and all liability for the injury or death of any person(s) and damage to property that may result from my negligent or intentional act or omission while participating in activities offered by CrossFit Kids Avalon Beach and CrossFit Avalon Beach.

### Acceptance

I CERTIFY THAT I HAVE READ THIS DOCUMENT, AND I FULLY UNDERSTAND ITS CONTENT. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT AND I SIGN IT OF MY OWN FREE WILL AND CONSENT.

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PRINT NAME of Parent/Guardian

Parent/Guardian Signature

Today's Date